



21st ANNUAL
SASKATCHEWAN LAW REVIEW LECTURE

ORLANDO DA SILVA

Ontario Ministry of the Attorney General

Fostering Support: Mental Health Among Lawyers

Tuesday, Oct. 23, 2018

7pm

Room 150,
MLT Aikins Lecture Theatre

15 Campus Drive
College of Law
University of Saskatchewan

CPD Credit: 1 Hour



"...we, as a profession, must continue to fight the stigma of mental illness."

- Orlando Da Silva, LSM

Da Silva's lecture will touch on a variety of topics related to mental health including the prevalence and high incidence of depression and anxiety in the legal profession as well as his own struggles with depression. He will also provide information on self-help tools that lawyers can use to maintain wellness.